

**SPECIAL ENERGY
SAVERS EDITION!**

Fauldhouse Community Development Trust



Supported by:



Summer Newsletter

Fauldhouse Green Fair - 31st July!

Looking for things to entertain the kids during the holidays?
Interested in the environment and want to know where to
start or what more you can do?

Fauldhouse Community Development Trust is holding a
'Green' themed summer fair on the Village Green on
Sat 31st July 2010, from 10.30am -2.30pm.



There will be a range of **information stalls, games, competitions** and
activities promoting Energy efficiency and Renewables; Outdoor Activities;
Sustainable Travel; Local Food; Waste and Recycling; Composting and much
more!

We will also be bringing back a long established village fete tradition with a
'Best In Show' competition (see below for details of the categories and how to
enter), as well as Face-Painting and the the return of the Smoothie Cycle –
come along and join in the fun!

Want to get more involved? *If you can spare a few hours to help with the
event or would like to enquire about having a stall contact Danni (see back
page for contact details).*

This Fair replaces our usual September Fair for 2010. Someone suggested we
might have better weather in July ... although we're not counting on it!

Green Fair Competition

Show off your talent for gardening and cooking at the Fauldhouse
Green Fair and enter our 'Fauldhouse's Finest' Competition!



Categories:

- Best Home-made Cake
- Best Home-made Jam
- Best Home-made Chutney
- Best Recycled Plant Pot
- Best Miniature Garden
- Best garden wildlife Photograph



Entry forms available from the CDT building, 10 Main Street

Litter Pick and Swap Shop (April 2010)

Thank you to everyone who helped make these events so successful, including
St Columba's Charity Shop, Falla Hill and St John's Primary Schools, West
Lothian Council (NETs) and the Forestry Commission. We collected 48 bags of
litter near both schools and 105 unwanted toys went to new homes!

Issue 11

Summer 2010

Fauldhouse CDT will:

- Work with local organisations
- Promote the positive
- Encourage self-help
- Involve you
- Keep you informed
- Be proactive
- Be transparent
- Win trust and respect

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Fauldhouse Energy Project – What can we do for you?

In the Spring edition of this newsletter we told you about a new project being run by the CDT designed to help residents to keep their homes warm and comfortable and to reduce their fuel bills. Since then we have worked with around 40 households to help them identify ways they can save both energy and money. So... how can we help you?

We can help you:

- ✓ complete a Home Energy Check, which will generate a tailored report showing you some of the ways you can reduce your energy use in your home
- ✓ access grants and discounts for energy efficiency measures such as loft and cavity wall insulation or even renewable technologies – and we can make referrals to accredited organisations that can carry out the work
- ✓ understand your fuel bills – we can advise on how to ensure you are on the best payment tariff for your circumstances
- ✓ monitor how much energy you use – see the article on p3 for further information on loaning an energy monitor from the CDT
- ✓ by providing a package of FREE small-scale energy saving measures such as radiator panels, hot water tank jackets, letter box covers and draught proofing strips for windows and doors. This is available to any householder that completes our Home Energy Check – so that you can start saving straight away!

But our project isn't just about fuel bills – we want to provide information and advice on other ways you might want to reduce your carbon footprint.

We can advise you or sign post you to other organisations and resources for assistance with a range of environmentally friendly lifestyle choices – from buying local produce to sustainable travel options. We can also organise practical training sessions with an environmental theme. Ever wanted to know just how to make the best compost? Or learn how to get the most miles for your fuel when driving?

Know a community group who might be interested in learning more or seeking funding to make energy efficiency improvements to a community building? We can give a presentation on energy efficiency and the support available.

Or is there another green issue you've always wanted to know more about? Just get in touch and we'll look into it.

Interested in our support?

- ➔ Pop in and see us at our office at 10 Main Street, Fauldhouse.
- ➔ Call or email Danni for a chat or to arrange an appointment. Tel: 01501 773699 or Email: danni@fauldhouse.org.uk.
- ➔ We'll be at the Fair on July 31st and hosting advice stalls in locations across Fauldhouse throughout the year

Fauldhouse Scotmid receives a six figure refit!

Following the re-fit, the ScotMid store is now open **7 days a week, 7am to 10pm**. The refurbished store incorporates more space for fresh and chilled foods, a new chilled section for beers and wines, an improved range of groceries and a new layout.



The refurbished Post Office within the store is open 9am-5.30pm Monday to Friday (closing at 1pm on Wednesdays) and also on Saturday from 9am-12.30pm. The Post Office offers the following services: letters and parcels, payments (including all Council payments), travel money, dvla and more.

Energy Monitors – making saving as easy as 1, 2, 3...



The Current Cost Monitor

One problem you may find when trying to save money on your energy bills is tracking your energy consumption. Another difficulty can be making sure that when you leave the house or go to bed all your electrical appliances are turned off – particularly if you live in a large household or members of the family have computers, TVs and the like in their bedrooms.

These situations are where the Current Cost Monitor could help you to quickly and simply start cutting your bills. With the average household already wasting £37 a year leaving appliances on standby - and both the cost of electricity and the number of electrically powered appliances per household likely to increase over time - now is a good time to prepare for a more affordable future by getting into good energy habits.

1) In the beginning...

So, to start your journey towards saving energy and money, your first step is to contact the CDT to loan your Current Cost Monitor and get it set up. The process is safe, easy and takes a matter of minutes – and our advisor Danni is more than happy to help with this.

2) Making the savings...

Next, go around your home in the daytime (so that you are not reliant on lighting to read the monitor display) and turn off all electrical appliances that are not in use at that moment. Leave on your fridge, freezer, alarm systems and anything else that requires a constant electrical charge to operate properly. Your monitor's screen will display a reading (in Watts or Kilowatts) showing how much electricity your household is consuming at that point in time. Make a note of it. This is your baseline reading for your household - the minimum energy consumption of your household. When no one is in your home, or when you go to bed, your energy consumption should be at your baseline level. After all, why do you want to pay for your TV to be on standby when you're not watching it?

3) The science bit...

The monitor unit also displays other data – including how much your electricity is costing you at that point in time. Again, the amount on the display will reduce as your appliances are switched off, helping you to identify which are the most expensive appliances to run. You will also see a bar chart plotting your energy use over different periods of the day (Day, evening and night) so that you can work out when your demand for power is highest. The monitor also allows you to simply compare your energy use from one day to the next (making it clear when your good habits begin to lapse!) and shows your total energy use over a day, a week or a month to keep you on track.

Both Current Cost Monitors and Ecosavers Power Meters are available for 6 week loan (free of charge) from the CDT. Contact us for more information.

The Ecosavers Power Meter

More interested in monitoring individual appliances? Or just baffled by too much information? Simply want to know what the power guzzlers in your home are and how much they are costing to run? Then check out our Ecosavers Power Meter instead...

To set up, you plug the Power Meter into the wall socket, and then plug your device into the power meter, and that's it! The display screen will show you how much power is being used by the device plugged into it - and how much that equates to in pounds and pennies. Simple.





Contact Us

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Free website for Community Groups!

Accessed via the CDT's own website, community groups can get their own webpages. It's quick and easy to set-up with no special software or IT know-how required. We'll train you how to update your pages, so you have control and your info is never out of date! *Contact us for more details.*

- **Fauldhouse Music Festival (20th-29th August).** Back by popular demand! A variety of gigs celebrating local talent and workshops for you to have a go at something new. Look out for local advertising nearer the time, or contact the CDT for more details.
- **Other CDT events** planned for 2010 include the Remembrance Day Service in November and an Arts & Craft Fair. If you have ideas for new events or want to get involved in helping with these ones, the CDT has an Events sub-group made up of local volunteers, so get in touch!

Welcome to Fauldhouse, Neil ...

As some people may know our Development Worker, Rachel Sedman, will be going on Maternity Leave in June. We welcome Neil Barnes as he takes over the role and wish him every success in working with the CDT.



Rachel says, "I'd like to thank everyone who's helped with all the activities and developments we've seen in the last 18 months. We've achieved a lot already and it's exciting (with plenty to do!) as we begin to make tangible progress with several of our bigger projects. I'm sure everyone will give Neil the same warm welcome and support that I have received. Thank you."



**Support positive action in Fauldhouse
Join the Community Development Trust**

Membership of the Community Development Trust costs £1. For that you can show your commitment to helping us deliver positive, sustainable improvements to our village. Whether your commitment extends to being simply a paid up supporter of the organisation or you want to get more involved in our activities, your membership is very important to us. Please complete the form and join up today.

I wish to join the Fauldhouse Community Development Trust and enclose my £1 membership fee.

Name:	Phone No:
Address:	Email:
Postcode:	Would you be interested in being active as a volunteer in the CDT? YES / NO

PLEASE RETURN THIS FORM TO: Fauldhouse CDT, c/o CIS, 10 Main Street, Fauldhouse EH47 9HX

All the data we hold is gathered and managed in strict accordance with the Data Protection Act (1998). We will not disclose any information supplied by you to any third party organisation.

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