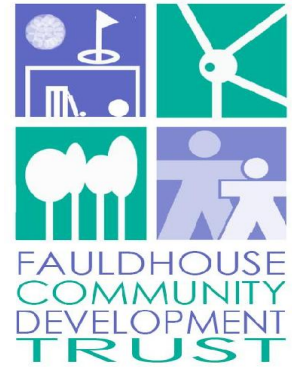




# Fauldhouse Forever!



This new look community newsletter has been produced by Fauldhouse Community Development Trust and friends. We are always on the look-out for articles of interest to the community, including events, issues, promotions, new or existing services/initiatives, adverts, etc.

We kindly request that organisations or businesses make a small contribution to the printing costs, or to our seasonally nominated charity. This Autumn it will be: 'Touched by Suicide'.

“Help our local environment!” says Chloe! Show your commitment and join our group every month. We need volunteers **URGENTLY** !!! to help with the food and veg coop. We also need support to develop our projects and proposals, including litter picks with schools, walk leaders, developing a community garden and woodcraft project, admin, publicity and marketing support.

- We will be based in the new Partnership Centre from: 25<sup>th</sup> October
- during the refurbishment of 10 Main Street. Contact: Neil Barnes on: 07588 551858
- [info@fauldhouse.org.uk](mailto:info@fauldhouse.org.uk)
- [www.fauldhouse.org.uk](http://www.fauldhouse.org.uk)

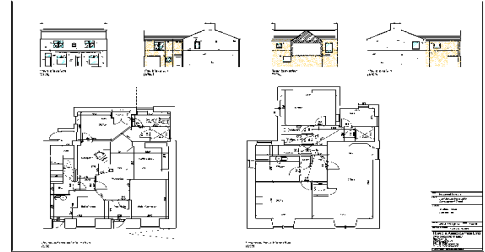
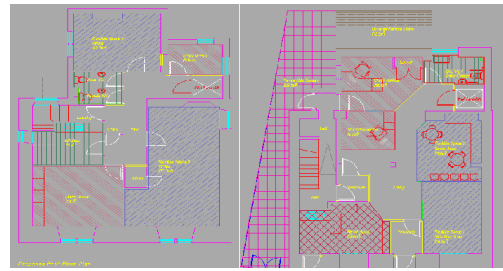
Breich Valley Information Service and West Lothian Retired Miners' Association moving to the Cricket Club temporarily. Contacts attached.



# On the Move Towards the Refurb . . .



The Trust is moving temporarily to the new Fauldhouse Partnership Centre as of 25<sup>th</sup> October. This is to allow the refurbishment works to begin. We expect to be back in the building by end of February 2011 when the refurbished building and services will be launched.



Left to right: Dean Martin, Tom Begbie, Anthony Stark and Bryan Doyle. The team has settled in brilliantly. Tom has left to join the Army and we wish him well. Tom says: 'I just wanted to say thanks for giving me the opportunity to work with you and Les at Living Solutions.'

## New FJF Forestry Lads



I've really enjoyed myself the last month at work and think it's a fantastic programme, and have felt very lucky to be part of it. If it hadn't been for a full career offered to me by the army, I would have definitely stayed for the full duration of the six months. All the best for the future and hope that the programme will continue for years to come, so that other people like me can get a great opportunity to learn new skills for getting back to work.'



## A Future to Mull Over

FCDT Board had a very informative training/strategy day on 12<sup>th</sup> September, learning from James Hilder, Chief Executive of Mull and Iona Community Trust. Our immediate priorities were agreed, including: completion of the community hub building; ensuring appropriate staffing levels for the Trust and its initiatives; more effective marketing and publicity; and more tangible support for local people.

## Youth Action Project

YAP are running a course for 15-19 year-old males from the Breich Valley area of West Lothian. Course from 2/11/09 till 3/3/11 (16 weeks). Two days per week, Tues/Thur, 9.30 to 2pm. Looking for males who have struggled to access or sustain employment, training and further education. The course is based on individual need looking at employability/life skills, literacy/numeracy, confidence building, health and fitness. Contact: Maria Cunningham: 0798321536.

## Duke of Edinburgh Award

Programmes involve selected activities from: volunteering, physical activity, practical and social skills and expedition. Three progressive levels when successfully completed lead to a Bronze, Silver or Gold Award. Aged 13-25? Interested in the scheme? Contact: West Lothian Community Learning and Development: 01501 678893.



## Walkers Galore!

Well done to all the walkers of Fauldhouse. The weekly group, which now meets Thursdays, 10am, has been going for well over a year. As part of the West Lothian Walking Week, Rachel Sedman kindly led a group of 21 for a stroll on 23<sup>rd</sup> September. Thanks to all who braved the dreich!



## Youth Counselling Service

Free and confidential counselling service for young people aged 12-25. Some of the issues that counselling can help with include relationships, family, bullying, self-harm, anxiety and depression, drugs/alcohol and sexual health. For an informal chat contact Jacqui on 07825898334, jacqueline.brown@westlothian.gov.uk or coz@children1st.org.uk.



# Fauldhouse Energy Advice Project – Busy Times Ahead

With a cold winter anticipated, we are expecting a busy time ahead. FCDT have recently appointed Adrian Farrell as their new Climate Challenge Officer. Originally from Ireland, Adrian has a Masters in Environmental Management from the University of Stirling. He has worked as an Energy Advisor for the successful Home Energy Project in AIness, and hopes to continue his rewarding work in the area of domestic energy advice. “I have always had a keen interest in environmental issues as the choices that are made today have a profound effect on people tomorrow. Our effect on the environment can be greatly diminished by reducing the amount of energy we use in our lives. Household energy use represents the largest user of energy for an individual. It is thus vital that we use energy in our homes as efficiently as possible”.

## Interested in our support ?

Call or email Adrian for a chat or to arrange an appointment. Tel: Adrian: 07848026302 OR 01501 773699 or email [fauldhousecc@googlemail.co.uk](mailto:fauldhousecc@googlemail.co.uk). The **FREE** and impartial advice service includes: advice on low and no cost ways to save energy and money; how to access grant and schemes for insulation; how to save money on your fuel bills; ways to monitor your energy consumption.



### Where does that heat go ?

In a typical home like the house pictured, the greatest areas of heat loss are the walls and the roof. It is thus important to get these checked to ensure that they are not costing you excess money. In addition, advice on how to reduce heat loss in other parts of your home is available from Adrian.

**Volunteer Brunch**  
**Saturday 23<sup>rd</sup> October,**  
**11am, 10 Main Street.**

**Come and find out**  
**about opportunities,**  
**meet other volunteers**  
**and how you could help**  
**your local community!**



### Volunteer Profile 1: Dawn Simpson

**Background:** Artist with counselling and voluntary experience. Mother of two.  
**Interests:** People and animals.  
**How I got Involved in Trust:** Wanted to get more actively involved in the community. Give something back to Fauldhouse.

**Experience so far:** Been a good journey so far. Learnt loads about what's going on in the community, and all the new things which are developing. Confidence and skills have gone up. Have helped with events, publicity, marketing, food coop, administration, sub groups, have received training in Food Hygiene, Volunteer Recruitment and Retention, Charity Finance, Positive Communications, and involved in bringing new ideas to the Trust and board.

## Local Voice

Local people are concerned with a range of local issues. The Trust and volunteers can help play a part by gathering your views and pushing forward improvements to the village. For example, local bus services, green space maintenance, quad biking, activities for young people, lack of job opportunities, recreational activities and so much more. Our volunteers are happy to collect your views. Email: [volunteers@fauldhouse.org.uk](mailto:volunteers@fauldhouse.org.uk) or see the website. Alternatively, we'll be collecting views on issues in our suggestions box to be housed at the new Partnership Centre initially.

### Volunteer Profile 2: Chris Doran

**Background :** Ex telecom engineer, religious studies graduate. **Interests:** writing ebooks, doing small business research, setting up my own websites with the help of the trust. **Experience:** Varied going from telecoms to warehousing then to volunteering. **Now :** volunteering for the trust up dating their business directory and membership lists. Currently researching the general area for ways to improve services and facilities, including a skills barter.

# MUSIC FESTIVAL 2010

## Big Jam at Greenburn Golf Club

The "big Jam" night on 27<sup>th</sup> August in the golf club was a fantastic success. Around 25 performers played and 150 tickets sold. Thanks to everyone for playing and attending. Don't miss the next one!!



## Commercial Inn Gig

A great gig was held Sunday 29<sup>th</sup> August with a highly entertaining female vocalist. About 45 people attended and there was good audience participation. Everyone enjoyed it. We hope to have a bigger event and even more publicity next time.

## Fauldhouse Community Choir Love Singing

The Challenge was on for Fauldhouse Community Choir when they embarked on "A Musical In A Day". Robert Russell, CDT Chair, and choirmaster, said, "The idea was to learn, rehearse and perform a brand new musical in only one day". Under the title of "So This Is Love", the plucky singers and actors went to work, stopping only for some nourishing food, and managed to complete the task. Whilst the evening attendance for the performance was somewhat disappointing, the day was a great success for having set the musical challenge, making new friends and achieving something really difficult, showing that Fauldhouse really has talent.

But the story doesn't end there... A member of the choir who hails from Winchburgh arranged for the musical to be performed in the Parish Church there. So on Sat 9<sup>th</sup> Oct, the troop gathered up the sound system, lights, greasepaint etc and hit the road to perform to a very appreciative capacity crowd. West end next? Watch this space...

## The Music Festival Rolls On

This year, the festival events will stretch out till the early Spring. A youth music event, probably in the form of a 'battle of the bands', is planned in partnership with the West Lothian Youth Action Project. If you are interested in participating, would like to volunteer to help, or have any other ideas for musical events in Fauldhouse, please do not hesitate to contact us.



## £60 UNLIMITED GOLF at GREENBURN GOLF CLUB

*Play as much golf as you like from 1 Nov 2010 until the end of March 2011 for only £60 and if you join for the new season before April 1<sup>st</sup> we will deduct the £60 from that season's fee*

Note: Arrangements can be made for new season's fee to be paid by monthly instalments. If you are interested in becoming a member at Greenburn Golf Club then you can download a membership application form from our web site; contact the Club Administrator on 01501 770292 or email administrator@greenburngolfclub.co.uk

## Support positive action in Fauldhouse - Join the Community Development Trust



Help us relieve poverty and fuel poverty, advance training and education, promote learning and employment opportunities, enhance health, well-being and education, support projects to benefit the community and much more.

Date Joined:

£1 fee paid: Y/N

|                                   |   |
|-----------------------------------|---|
| Name: (Or Business/Organisation): | Phone No:   |
| Address:                          | Email:  |
| Postcode:                         | Would you be interested in being active as a volunteer in the CDT? YES / NO |

**PLEASE RETURN THIS FORM TO: Fauldhouse CDT, 10 Main Street, Fauldhouse EH47 9HX**

All the data we hold is gathered and managed in strict accordance with the Data Protection Act (1998). We will not disclose any information supplied by you to any third party organisation. Registered Company: 313776 Registered Charity: SC038626

Fauldhouse Community Development Trust warmly invite all members of the community, especially ex-service men and women to our

## REMEMBRANCE SUNDAY SERVICE

at Fauldhouse War Memorial  
Bridge Street  
Sunday 14th November, 1pm

### Fauldhouse Partnership Centre

Opening: 18th October!!!

Fauldhouse CDT wishes the centre, its staff and volunteers the best of luck and urges all the community to get involved.

The new centre will provide:

- Library, Learning suite, Multi-purpose rooms,
- GP practices, Pharmacy, Dental Services,
- Sports hall, Swimming pool, Community Cafe,
- Employability Services, etc.

Contact: 01501 773000  
or ruth.plevin@westlothian.gov.uk

