

Eastfield Development Centre open for business after refurbishment

We are absolutely delighted that local builders, JG Joiners and Builders have now completed the first phase of the redevelopment of Eastfield Development Centre (EDC). The building has been signed off and is ready to go! We are really excited about the potential.



Photos: Sally Lamont/David Allan

Thanks to funding from West Lothian Council Place Based Investment Programme (PBIP) 2023-24 and the Levensat Trust, the building now has a new much larger kitchen with serving hatches to both the hall and a new improved foyer area where you can sit have a chat and a coffee or tea.

The building also has a new office and an accessible toilet. A sliding partition wall has been installed to enable the hall to be split in two, with separate access to both areas, creating a more usable and flexible space for groups and activities.

This has allowed the previous office to house the new Eastfield Community Shop (see page 3 for details of the new shop and membership).

Eastfield Development Centre has been a work in progress for the Fauldhouse and Breich Valley Community Development Trust (F&BV CDT) since 2012 after several local groups and people approached the Trust about bringing this well loved building back into use after it had fallen into disrepair since its closure.

Eastfield Development Centre was then leased by F&BV CDT from West Lothian Council from May 2017. The Trust managed to have some repairs and improvements done to the building over the years.

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EDC was finally Community Asset Transferred from West Lothian Council in 2022 to allow this building to continue providing projects and activities to benefit local people.

As your local charity, F&BV CDT rely on local fundraising and grant funding to deliver our projects. All the money generated at EDC is invested back into the building and to help run the activities based there.

Please contact us if your group needs a place to meet or hold an event. Pop into The Hub or call 01501 773 699 for more information, hire costs and so on, or email info@fauldhouse.org.uk

F&BV CDT's barista training partnership with fantastic Burnhouse School students

The Fauldhouse and Breich Valley Community Development Trust have recently been working in partnership with Burnhouse School to help provide some of their young people with barista training and experience to help them gain certificated training to improve their employment opportunities.



Photos: Lesley Dunsmore/Lorna Sneddon

F&BV CDT and Burnhouse School submitted a joint application for funding for the training and the barista machine itself from West Lothian Council, Celebrating Equalities Community Choices Fund. F&BV CDT provide a venue for the students in The Hub on a Thursday morning.

During term time, there have been three students from Burnhouse School training on the new barista machine for their SCQF Level 5, Barista Skills and also practising their customer service skills, supported by their teachers, Lorna Sneddon and Mary Denholm.

The barista service is held during term time at The Hub's Thursday morning free 'Coffee and Chat' from 10am-12pm. There is usually a full house throughout the morning and the young people have really been doing brilliantly, looking smart in their aprons and providing service with a smile - even under pressure on a busy morning.

One customer said that the coffee is '*...better than Starbucks!*'

The Hub have loved having the students as they brighten up our Thursday mornings. The students also have had 204 happy customers in the three months since they started in March this year!

If coffee is not for you though, they even do a lovely hot chocolate, a mean pot of tea and a selection of delicious fruit smoothies and milkshakes! Why not pop into The Hub on a Thursday morning between 10am and 12pm for a drink and a cake and sample for yourself?

New community shop at EDC to support those affected by high cost of living



The poster features a central illustration of a wooden crate filled with fresh produce like tomatoes and mushrooms, next to a yellow shopping basket. Logos for 'The Hub Eastfield Development Centre', 'edf', 'TORMYWHEEL WIND FARM', and 'EnergieKontor' are at the top. The text reads: 'Eastfield Community Shop', 'Struggling with the cost of living? Shop open', 'Tuesday 10am-12pm', 'Thursday 6pm-7pm', 'Friday 11am-12.30pm', 'Contact us for further info, details of membership and registration', and 'at Eastfield Development Centre 2 Eastfield Road, Fauldhouse Tel: 01501 773 699/01501 229 645'.

As you may know, F&BV CDT ran a Community Larder at both Eastfield and then at The Hub for several years. We initially provided food to those who needed help during both the Covid lock downs and then continued to support those who needed food during the cost of living and energy crises that have followed.

The Trust have now reviewed our approach and, having looked at other sustainable models of Food Banks and Community Larder projects in the area, we will now be offering an Eastfield Community Shop at EDC for those who may be finding it difficult to feed themselves and their families. We plan to have a monthly membership and bags of food that can be purchased at greatly discounted prices. A Greggs donation will also be available on a Friday for members.

We are delighted that the Eastfield Community Shop now has a permanent space in the previous office in Eastfield Development Centre and will be open three days per week - on **Tuesday mornings from 10am-12pm, Thursday evenings from 6-7pm and on Friday mornings from 11am-12.30pm.**

For enquiries about membership, registration and any other information, contact Alex at Eastfield Development Centre during opening hours on 01501 229 645. Out with those hours, please contact The Hub tel: 01501 773 699.

Did you know...

You could hire the hall, part of the hall, or the pitch at Eastfield Development Centre for groups, activities and events?

Alternatively you could hire the larger room upstairs in The Hub for meetings or smaller group activities.

We have tried to keep hire prices for both of the F&BV CDT's buildings as affordable as possible.

Contact The Hub on 01501 773 699 or email info@fauldhouse.org.uk for availability, booking, enquiries and further information.



Huge thanks!

We have a number of people and businesses in Fauldhouse who support us throughout the year.

Here are just a few of them:-

- **John Strang from Whitburn Rotary Club** for generous donations of Easter eggs and selection boxes
- **Brian Connell from Connells** for weekly donation of rolls and collections from Greggs in Livingston
- **Ilona Gordon** for kindly liaising with Lidl's for donations of food, especially at Christmas
- **Craig from Smarter Electrical Ltd** for free PAT testing at Eastfield Development Centre.
- **Grant Farquar** for generous weekly donations of butcher meat to F&BV CDT's food project.

What's on at The Hub?

Mondays

Fauldhouse Art Group
Weekly art group
(all abilities welcome)
1-3pm

Tuesdays

Community Connections
Fortnightly advice service
10am-12pm (drop-in)
The Advice Shop
Fortnightly advice service
10am-12pm (drop-in)
Adult Learning
Weekly class
10am-12pm

Wednesdays

Sewing with Sandra
Weekly sewing group
10am-12pm

West Lothian

Citizens Advice Bureau
Weekly advice service
10am-1pm (apps only)

Take a Break Craft Group
Weekly arts and crafts group
(all abilities welcome)
1-3pm

Thursdays

Fauldhouse Footers
Weekly health walk group who meet at The Hub
10am
Coffee and Chat
Weekly chat and refreshments.
Barista service by Burnhouse School (Skills Centre)
10am-12pm

Stronger Together
Fortnightly women's support, chat
(all welcome)
1-3pm

F&BV CDT, The Hub, 10 Main Street, Fauldhouse, EH47 9HX
01501 773 699 info@fauldhouse.org.uk fauldhouse.org.uk



TORMYWHEEL
WIND FARM



What's on at Eastfield Development Centre?

Mondays

PT with Kerry B - Circuit Training
5.30pm - 6.15pm
PT with Kerry B - Boxercise
6.15pm - 7pm
Men's Circuit Training
7pm - 8pm

Tuesdays

Eastfield Community Shop
10am - 12pm
PT with Kerry B - Boxercise
10am - 11am
Makers Group
Making fundraising items
1-3pm

Wednesdays

Eastfield Tots
10am - 11.30am
Yoga with Margaret McKinstry
7pm - 8pm

Thursdays

Eastfield Community Shop
6pm - 7pm
PT with Kerry B - Boxercise
6pm - 7pm
Men's Circuit Training
7pm - 8pm

Whitting Group
7pm - 9pm

Fridays

Eastfield Community Shop
11am - 12.30pm
Eastfield Drop-in
11am - 12.30pm

Sundays

Fauldhouse Community Soccer School (18mths - 3yrs)
9.15am - 10am
Fauldhouse Community Soccer School (4yrs +)
10am - 10.45am

Eastfield Development Centre, 2 Eastfield Road, Fauldhouse, EH47 9LE
F&BV CDT, The Hub, 10 Main Street, Fauldhouse, EH47 9HX
Tel: 01501 773 699/01501 229 645



TORMYWHEEL
WIND FARM



Bield birthday

Did you know that The Bield, Blackfaulds Court, Fauldhouse was completed in 1984 and the first resident moved in on the eve of Fauldhouse Children's Gala Day of that year? Happy 40th Birthday to The Bield Fauldhouse!

Sad news



F&BV CDT were so sorry to hear of the passing of Fauldhouse's eldest resident, Flora Campbell, earlier this year. She was amazing, our oldest Timebank member and her first time on a bike was a trishaw ride on her 100th birthday.

Relax with Jen sessions

Earlier this year The Hub hosted six weeks of free wellness taster sessions. We initially aimed this at Carers to give them a well earned break and to demonstrate a few different ways to de-stress. The sessions were very popular so we opened it to others who were interested and added a second set of tasters on a second day.



Jen from 'Remidy' ran both of the groups for F&BV CDT at The Hub. Sessions included yoga (seated if required), mindfulness techniques, breath work, meditation, designing vision boards, information about beneficial essential oils and for fun, a 'tea party' where participants tasted various herbal teas and all who wanted to, had their tea leaves read at the end.

Mindfulness, breath work and meditation appeared to very be popular. Others really enjoyed the 'tea party' but this one wasn't for everyone.

We would like to do similar again and would like to know if there is anything in particular that you would be interested in. If we had enough interest, we could start classes at EDC or have an afternoon 'tea party' maybe?

What would you be interested in doing? What time of day would you like to do it and would you be willing to pay for sessions? Please let us know. Contact lesley.dunsmore@fauldhouse.org.uk

F&BV CDT dates for your diary 2024

EDC Open Day

Fri 26 July, 1-3pm

See the refurbishment at EDC and plans for the building going forward.

F&BV CDT AGM

Wed 31 July, 6-8pm

The Hub

Summer Programme

Mon 8 July - Thu 1 August

Activities at EDC for P1-P7 including sports, beauty, arts, dance, and more. Mondays to Thursdays (see pg 7)

F&BV CDT's Annual Fair Day

Sat 7 September, 11am-3pm

'Celebrating our Mining Heritage' to commemorate 40 years since the Miners strikes. Games and activities for children, music, stalls, refreshments (see pg 11) at EDC

Halloween Parties

Sat 26 October

P1-P7, 2-3pm, EDC

Wed 30 October

Eastfield Tots, 10-11.30am, EDC

Thu 31 October

Trick or Treat Drop-in, 5-7pm, EDC

Remembrance Sunday Service

Sun 10 November, 1pm

Fauldhouse Inter-denominational Remembrance Sunday Service at Fauldhouse War Memorial

Christmas Craft Fair

Sat 16 November

Local craftspeople, 11am-2pm, EDC

Christmas Card Competition

Fri 1 - Thu 21 November

P1-P7

Christmas Appeal

Mon 9 - Tue 10 December

Referrals only

Christmas Parties

Wed 11 December

Eastfield Tots, 10-11.30am, EDC

Sat 14 December

P1-P7, 1.30-3pm, EDC

Wed 18 December

Crofthead Christmas Party, 1pm, EDC

December (Date TBC)

Pensioners Lunch, EDC

Contact us

We're also holding one-off fundraising events. More to follow.

For more information, or to enquire about any of our events, please contact The Hub on 01501 773 699 or email info@fauldhouse.org.uk

Fauldhouse Community Soccer School

Eastfield Development Centre

Sunday's - Launching June 9th

9:15am - 10am
18 months - 3 years

10am - 10:45am
4 years +

*book now on the links below




New community football partnership

There's a new Fauldhouse Community Soccer School started at Eastfield Development Centre.

This school is aimed at younger children and is a partnership between Football Buzz Academy, Fauldhouse United and Fauldhouse and Breich Valley Community Development Trust.

With classes starting at just 18 months old, it could be the perfect place to start your wee ones footballing journey here in Fauldhouse.

Fauldhouse Community Soccer School launched on Sunday 9 June at Eastfield Development Centre, 2 Eastfield Road, Fauldhouse, EH47 9LE

Sessions for children ages 18 months - 3 years are weekly at 9.15-10am

Sessions for children ages 4 years plus are weekly at 10-10.45am



See F&BV CDT's website
www.fauldhouse.org.uk

Like us on Facebook
@FauldhouseCDT

Good luck



F&BV CDT would like to take this opportunity to wish our recent Eastfield Development Centre Manager, Steven Sharp the best of luck for the future.

We want to express our appreciation for your contributions and you'll be missed.

May's second-hand stall

Hub Eastfield Development Centre

OPEN Fridays 11am - 12.30pm

at Eastfield Development Centre, 2 Eastfield Road, Fauldhouse, EH47 9LE
Tel: 01501 773 699

Come along and bag a bargain!



Eastfield Friday Drop-in

The Eastfield Drop-in is on every Friday morning between 11am and 12.30pm.

Pop in for hot drink, visit the Community Shop and while you're there, check out May's second hand stall, where you are guaranteed to find a quality bargain. We really appreciate the work volunteer May, puts into her stall. She has raised over £2,000 for F&BV CDT already. Amazing work!

Thanks so much May and well done.

Where's your nearest Defib?

There are a number of defibrillators in Fauldhouse:

- The Hub (access code C1267). Available 24/7
- Eastfield Development Centre. Available 24/7
- Fauldhouse Partnership Centre (in building)
- The Masonic (in building)
- The Grange (defib may be moving to Connells). Available 24/7

Fun summer programme for kids at EDC

This year, the EDC Summer Programme is on Mondays to Thursdays from 8 July to 1 August 2024.

Sessions are from 11am-12.15pm, and continue after lunch (provided) from 12.45pm-2pm.

There are a maximum of 20 children per session so please contact 01501 229 645 asap to book in your child and avoid disappointment. All sessions are FREE. See details below.

Week one

Monday 8 July

Taekwondo	indoors
Rugby	outdoors

Tuesday 9 July

Beauty	indoors
Football	outdoors

Wednesday 10 July

Pottery	indoors
Fitness	indoors/outdoors

Thursday 11 July

Dance	indoors
Football	outdoors

Week two

Monday 15 July

Taekwondo	indoors
Rugby	outdoors

Tuesday 16 July

Beauty	indoors
Football	outdoors

Wednesday 17 July

Craft	indoors
Fitness	indoors/outdoors

Thursday 18 July

Dance	indoors
Football	outdoors

Week three

Monday 22 July

Taekwondo	indoors
Rugby	outdoors

Tuesday 23 July

Beauty	indoors
Football	outdoors



Wednesday 24 July

Lego	indoors
Fitness - Dodgeball, rounders, cricket	indoors/outdoors

Thursday 25 July

Dance Talent Show	indoors
Football	outdoors

Week four

Monday 29 July

Taekwondo	indoors
Rugby	outdoors

Tuesday 30 July

Pottery	indoors
Football	outdoors

Wednesday 31 July

Crafts	indoors
Fitness	indoors/outdoors

Thursday 1 August

Assault course, races and games	indoors/outdoors
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The Eastfield Tots are back!



F&BV CDT are delighted that the Eastfield Tots are back for more toddler fun at EDC. The group starts back at a slightly earlier time of 10-11.30am.

The cost is £2 per child per session and a snack is provided for the tots.

For more info, please call 01501 229 645 or email sally.lamont@fauldhouse.org.uk

New defibrillator installed at EDC

We are pleased to say that a new defibrillator awarded to F&BV CDT by the British Heart Foundation is in its cabinet at the front of Eastfield Development Centre, 2 Eastfield Road, Fauldhouse.

Thanks to Jamie from C Kerr Electrical, who were the electrical contractors for the EDC refurbishment. They have done a fantastic job, thanks so much.



Photo: Sally Lamont

The defibrillator has been registered on The Circuit (the UK's national defibrillator network) and is available for community use 24/7.

I'm sure you'll agree that this will be of huge benefit to the local community and hope it can help save lives.

The BHF's free digital training tool can teach you to save a life in 15 minutes with just your phone and a cushion,

'Many of us will witness a cardiac arrest in our lifetime. Be ready for that day.'



The BHF's digital training tool – RevivR, teaches you vital CPR skills and how to use a defibrillator in just 15 minutes on your mobile phone or tablet. Created by our medical experts, the tool will take you through a real-life scenario, so you feel prepared for an emergency.

You never know when you'll need to give someone CPR, so learn today by taking the training on their website: <https://revivr.bhf.org.uk/>

Local groups awarded Small Grants

**TORMYWHEEL
WIND FARM**

As you may be aware, F&BV CDT manages, administers and distributes £10,000 on behalf of REG Power. This Community Benefit Small Grants Fund is available each year as part of F&BV CDT's Small Grants Programme.

This fund is available to constituted community groups and organisations with their own bank accounts who must be operating within 5km of the Tormywheel Wind Farm. Applications are available for funds between £250 and £2,000.

Congratulations to the organisations who received Tormywheel Grants in 2023/24. These groups were:

Dignity Boxes

Loganlea Miners Welfare Charitable Society

Lodge St John 374 Social Club Fauldhouse

Sport and Wellbeing for All Trust

Fauldhouse United Football Club

Older Peoples Group

Remidy

Bridge Community Project

Fauldhouse Boxing Club

Stoneyburn and Bents Children's Galaday

Community Playgroups Fauldhouse

Young at Heart

Fauldhouse Miners Welfare

The next round of Small Grants Fund applications will start from November 2024 and applications and criteria will be available on our website nearer the time at www.fauldhouse.org.uk/small-grants-funding

If you would like more information please contact Julie Smith, F&BV CDT Manager tel 01501 773 699 or emailsmallgrants@fauldhouse.org.uk

Contact The Hub if you are struggling and need advice or support. We can help!

Did you know that you can come into The Hub, 10 Main Street, give us a call on 01501 773 699 or call into Eastfield Development Centre if you need advice, help or support? These organisations can provide help and support on your doorstep:-



In The Hub, every second Tuesday, The Advice Shop holds a drop-in from 10am-1pm.

The Advice Shop is part of the Anti-Poverty Service, a free, impartial and confidential service. The aim is to provide financial support, help to tackle poverty and promote inclusion and equality through a range of services.

An advisor can also be available to help with form filling eg Adult Disability Payment forms. This form filling support is by appointment only. Contact The Hub on 01501 773 699 to book an appointment.

Every alternate Tuesday, advisors from Community Connections are in The Hub from 10am - 1pm providing the drop-in service.

Community Connections provides face-to-face assistance to residents within their community. Advisors can help with general enquiries, queries regarding long term health conditions, working to find the right support for your individual needs and circumstances. Staff are on hand from Health and Social Care.

The Citizen's Advice Bureau West Lothian has an appointment only service in The Hub on a Wednesday morning from 10am-1pm. CAB also hold a drop-in service at Eastfield Development Centre on Friday mornings from 11am-12.30pm

Citizen's Advice provide support and advice on a number of different topics. Whether you need advice about your money situation, want to make a complaint about faulty goods, or would like to talk to someone about help with forms moving from Working Tax Credits or Children's Tax Credits to Universal Credit. CAB can provide you with clarity and a positive way to move forward.

The Bridge Community Project attend on a Thursday morning by appointment only.

The Bridge understand that financial concerns impact on all aspects of our lives and therefore offer an effective and comprehensive Financial Wellbeing Service that enables mental, emotional and financial resilience and wellbeing.

Free, confidential advice and budgeting support is available to assist you in taking back control of your finances allowing you to plan for a brighter future.

F&BV CDT would also like to take this opportunity to thank all the above organisations that provide an outreach service for the local community in either The Hub or Eastfield Development Centre. The services provided are really appreciated, invaluable and extremely well used.

We have referred 142 people who have enquired or asked for advice and support so far to one of the above organisations between January and May 2024.

If you are looking for advice or support, please drop us an email on info@fauldhouse.org.uk, call on 01501 773 699 or pop into The Hub, 10 Main Street, Fauldhouse and we can suggest which might be the most appropriate organisation for you talk to and arrange an appointment, if required.



Stoneyburn and Bents Future Vision Group update

Teddy Bear Picnic



Photos courtesy of SBFVG

The village toddlers were treated to a teddy bears picnic in The Hub after taking part in the great teddy hunt on the Fulshie.

The Easter Bunny also managed to drop off a chocolate egg for each of the children.

The toddlers meet from 10am -12pm on a Tuesday at Breich Valley Church.

Everyone welcome.

Fulshie Fun Run 2024

We had a fantastic day at our sixth annual fun run and we had the weather on our side too.



A huge thanks firstly to all our runners for taking part, our volunteers including West Lothian PSVY and Duke for kindly handing out medals today. Duke is a regular volunteer with the group and even fulfils a special role during the festive season.

This year we saw 148 runners complete our 5K run and 83 runners complete our 2.5K run. It was lovely to be joined today with runners from Longridge JogScotland Group (who kindly supported by being our 5K tail run), WAT Run Club, Lothian Running Club and players and parents from Bathgate Thistle Community Football Club 2014s and 2011s - Fantastic community spirit from all.

Lastly a huge thanks to The Woodland Trust, Eddie from West Lothian News, Alan Ramage for his fantastic pictures and to both Stoneyburn Juniors Football Club and Stoneyburn Community Bowling Club for toilet access today and Rolls-Choyce for keeping everyone fed and watered.

Eco Museum

We recently had the pleasure of hosting Dr Catherine Mills and student volunteer Sophia, from Stirling University to chat about the Mining Landscape Legacies of Coal Eco Museum funded by The National Lottery Heritage Fund Scotland, our mining projects, and accounts from Fulshie Miner Bill Haggarty.



The team at the Eco Museum were delighted by the community support our miners project has received at its various stages, including the Heritage Walk with QR codes, the Stoneyburn stories booklet, and the new memorial which will be unveiled on the 1st of June at 11am. The Eco Museum team were delighted that we were 'well ahead of the game', and the Stoneyburn story will be the first story to feature in the new museum's first blog.

Check out their page for further information: facebook.com/landscapelegaciesofcoal/

Community newsletter

Coming soon our quarterly Newsletter for our village.

Following a small pilot we will be launching a community newsletter for the village which will include information on groups and events happening within the village.

Contact Details

**The Hub,
Unit 3A Stoneyburn Workshops,
4A Main Street,
Stoneyburn, EH47 8BA.**

Email: Laura.sbfvg@gmail.com

The latest news from Addiewell and Bents Community Group

The Village Improvement Fund

The remainder of the Village Improvement Fund fund bought tools for the Skollie Burn Project, a new bench at the Whiskey Bond and outdoor play equipment for the school.

Community Garden

Our community garden is looking well. We would love some volunteers to help.

Soon the poly-tunnel will be erected. We're delighted that the school now has a gardening club who visit the garden.

Larder news

The Village Larder in Addiewell is still helping our community with the high cost of living.

We also are fortunate that West Lothian Council are giving us some assistance.

Toddlers Group



Photos: Addiewell and Bents Community Group

Our Toddlers Group is doing well. It is held on Thursdays 10am to 11am. Only £1 including a kids snack. All toddlers welcome.

Community Centre updates

The Community Centre has organised some trips to Burntisland and Blair Drummond safari park.

Boxing, gymnastics, the youth club and dog clubs are still taking place.

Our **Galaday will be taking place on the 15 July 2024**. The committee have been busy getting the kids and activities organised.

We have been very fortunate to have lots of volunteers this year. Well done!

F&BV CDT's Annual Fair Day 2024 'Celebrating our Mining History' this year with our neighbours

This year F&BV CDT's Annual Fair Day will be held on Saturday 7 September 11am-3pm at Eastfield Development Centre, Fauldhouse and on the day we will have the theme of 'Celebrating our Mining Heritage' as this year it is 40 years since the Miner's strikes.

We are working in partnership with another local mining community this year. Addiewell and Loganlea Community Group will be bringing along families from their village to join in the fun.

On the day, there will be the usual games and activities for children, entertainment, music, stalls, tombola, food and refreshments. This year we also have plans for the Scottish Mining Museum to attend and the West Lothian Climate Action Network is coming along to compare how energy sources have changed over the years.

We are also looking for anyone who may have worked in the mining industry who may have children or grandchildren who now work in renewable energy sector, maybe in the windfarm, solar energy business or similar? We would also like to hear from anyone in the renewable energy sector who may have older relatives who were miners.

If this is you, or you know someone, please contact Lesley in The Hub, tel 01501 773 699, email lesley.dunsmore@fauldhouse.org.uk or pop into The Hub, 10 Main Street for a chat.

Cycling Without Age Fauldhouse

F&BV CDT are looking for both new volunteer drivers and passengers for the Cycling Without Age Fauldhouse CDT Trishaw project. We would just love the Trishaw to be out more this summer! You may have seen it passing recently, now the weather has improved (slightly), thanks to our brilliant local volunteer Trishaw Pilot Jim who is out and about at every opportunity. Jim is also our Pilot Trainer and puts any budding volunteer Pilots through their paces.



Hub
Eastfield
Development Centre

CYCLING
WITHOUT AGE
SCOTLAND

**Cycling
Without Age**
Fauldhouse

Why not book a FREE trishaw ride for an older relative or someone with limited mobility to allow them once again to "feel the wind in their hair"?

CWA Fauldhouse are looking for new volunteers to pilot the electric trishaw.

Volunteer trishaw pilots receive full training and disclosure.

For more details please talk to a member of staff in The Hub, call 01501 773 699 or email info@fauldhouse.org.uk

The Hub
F&BV CDT, 10 Main Street,
Fauldhouse, EH47 9HX
Tel: 01501 773 699

There are trishaws all over the country, thanks to Cycling Without Age Scotland. The Fauldhouse CDT Chapter's was the first trishaw in West Lothian!

The residents of Crofthead Care Home have a weekly slot, weather permitting, and they have a great time out and about in the village.

We have pilots who can volunteer during the week and those who can do weekends, so please contact The Hub to enquire and we can match you with a Pilot that would suit your schedule.

Trishaw passengers wanted

Why not book a free trishaw ride for yourself and an older relative or someone who is socially isolated and not as able to get out and about as they maybe once were?

Or how about booking a free ride for yourself and someone you know who has limited mobility?

A trishaw pilot (volunteer driver) could take passengers out around Fauldhouse and they might see some old friends and be able to see any changes to the village.

The trishaw has seatbelts for safety and Pilots are trained not to go too fast, there's a hood for the passengers comfort if it happens to rain half way through their ride and a waterproof blanket to keep passengers cosy. Passengers will still be able 'to feel the wind in their hair' though!

Trishaw pilots (volunteers) always needed

In addition to passengers, we are always looking for new volunteer pilots to join our CWA Chapter in Fauldhouse.

Before you are able to take passengers out, we make sure you are fully trained by our Pilot Trainer and then Cycling Without Age Scotland will put you through the required PVG (disclosure). The three wheeled trishaw has a battery so if you are worrying about cycling people around, the battery can assist greatly!

To find out more about Cycling Without Age Scotland see cyclingwithoutage.scot

To enquire about volunteering with the project or to book a ride on the Trishaw, please contact The Hub tel: 01501 773 699, email: info@fauldhouse.org.uk or pop into The Hub, 10 Main Street, Fauldhouse.





Did you know?

You can advertise your local business in this newsletter.

4500 copies are delivered through letterboxes in Fauldhouse and the Breich Valley.

Contact The Hub for prices and further information.
Tel 01501 773 699 or email info@fauldhouse.org.uk



Did you know?

Eastfield Development Centre can be booked for clubs and events.

Contact The Hub for booking, costs and any further information you need.

Tel 01501 773 699 or email info@fauldhouse.org.uk



Did you know?

Last year F&BV CDT welcomed 8928 visitors through the doors of The Hub and Eastfield Development Centre from Fauldhouse and the Breich Valley area to access our services, receive support or attend our groups.



Did you know?



Over the past six years F&BV CDT has distributed approx. £75,000 in Tormywheel Small Grants to support eligible organisations and groups in Fauldhouse and the Breich Valley.

F&BV CDT's 2023 Christmas activities

It seems a very long time ago now, but we still wanted to let you know about F&BV CDT's Christmas Appeal 2023 and how many people in Fauldhouse and the Breich Valley were supported.

Christmas Sacks

100 residents were delivered Christmas sacks before Christmas. 99% of those individuals and families who received support from F&BV CDT were referred to us through Health and Social Care and other similar professionals.

Each of the Christmas sacks delivered were slightly different depending on the needs and circumstances of the families and individuals referred to us.

Contained in these sacks were various combinations of duvets and duvet sets, Lidl/Primark/Lidl/SCOTMID and/or Brannans Butcher vouchers. Packs also contained sandwich makers/George Foreman grills, slow cookers (with cook book) and/or an air fryer.

Families who had children were given brand new age appropriate toys kindly donated by an annual collection on social media by Natalie Hazlett and Stuart Smith, who are related to The Hub Manager, Julie Smith.



Photos: Lesley Dunsmore

Local young people from The Larder and a group of volunteers helped the F&BV CDT team with various stages of preparation and delivery of all the sacks.

Huge thanks to everyone who supported us on the run up and on the actual day! your help was very much appreciated.

Volunteers needed to help with the Fair Day

We are always looking for volunteers to help out at our events. Our annual event, F&BV CDT's Annual Fair Day, on the first Saturday in September (7 September) is no exception!

This event is from 11am-3pm this year. We would be grateful for any help on the day and in the run up (if you are available and have the time of course) and would love to hear from you.

Contact us at The Hub if you think you could help us out. Tel 01501 773 699 or email lesley.dunsmore@fauldhouse.org.uk

Afternoon Teas for Fauldhouse pensioners

Pensioners in Fauldhouse were delighted to be treated to afternoon teas.

Boxes were delivered containing sandwiches, cakes, scones, jams, tea and so on with a Christmas card and little tree decoration made by The Hub's sewing group.

Residents from Crofthead Care Home were also treated to Afternoon Tea at a Christmas party at Eastfield Development Centre.

Children's Christmas card competition

We asked the children in Fauldhouse to design a Christmas card for F&BV CDT and we want to say another huge thank you to everyone who entered. All the entries we received were just so creative!

The three competition winning entries were used on F&BV CDT Christmas card and on our thank you certificates for donors and supporters.

Well done to the winner Freya, and runners up Litza and Olivia!



Freya's winning Christmas card design

Useful telephone numbers

Support and advice

Advice Shop Bathgate

Advice Service
tel: 01506 283 000

The Bridge Community Project

Financial wellbeing, counselling and bereavement support
tel: 01506 238 980

Carers of West Lothian

Information, advice and support for all unpaid carers and people with disabilities
tel: 01506 448 000

Citizens Advice Bureau West Lothian

Support and advice on a number of different topics
tel: 01506 432 977 or
01506 431 061 (appts)

Dignity Boxes

Donation boxes in the form of toiletries in a variety of communities, small business and larger companies

Eastfield Development Centre and The Hub

F&BV CDT community buildings providing anti poverty support, food project, information, advice and signposting.
tel: 01501 229 645

The Food Train

Providing vital services to those who are no longer able to manage independently, through age, ill health, frailty or disability
tel: 01506 413 013

Home Aid West Lothian

Recycle used furniture and to support members of the West Lothian community who face social and economic exclusion
tel: 01506 652 230

HcL Transport

Supported door-through-door transport.
Dial-A-Ride for any destination
tel: 01506 633 953
Dial-A-Bus – scheduled trips to Livingston Shops
tel: 01506 633 336

Home Start West Lothian

Offers support, friendship and practical help to parents with young children, in communities throughout West Lothian
tel: 01506 415 755

Kidzeco Kidz Start

Community project with the mission of helping new parents within the community
tel: 01506 815 534/01506 238 283

Men Matters, Ace Awareness and mental health support

To raise awareness of ACEs and to raise money for more councillors
tel: 07938 159 593

Neil's Hugs Foundation

Help, understand and give support to families and friends affected by suicide
tel: 07446 717 501

West Lothian Financial Inclusion Network

Aims to ensure that all West Lothian residents are aware of their financial choices and promotes access to financial advice, financial products and other services, particularly for the most excluded social groups
tel: 01501 771 775

West Lothian Foodbank

Provide three days' nutritionally balanced emergency food, fuel vouchers (referred by the Advice Shop) and support to local people who are referred in crisis.
tel: 01501 229 307

Development Trusts

Fauldhouse and Breich Valley Community Development Trust
tel: 01501 773 699/07599 442 822

Addiewell and Loganlea Community Group
facebook @AddiewellandLoganlea
CommunityGroup

Kirknewton Community Development Trust
tel: 01506 883 988

Polbeth Community Hub
tel: 01506 536 123/0800 048 7481

Stoneyburn and Bents Future Vision Group SCIO
email: laura.sbfvg@gmail.com

WAT IF (Woolfords, Auchengray and Tarbrax Improvement Foundation)

tel: 01501 785 194

West Calder and Harburn Community Development Trust
tel: 01506 872 931

Winchburgh Community Development Trust
tel: 07733 446 717

Whitburn and District Community Development Trust
tel: 01501 748 708

The Development Trusts Association Scotland
tel: 0131 220 2456

Credit Unions

Blackburn, Seafield and District Credit Union

Anyone who lives or works in the towns and villages to the west of Livingston including Harthill and Eastfield in North Lanarkshire, can join the Credit Union.
tel: 01506 650 198

West Lothian Credit Union

A financial co-operative offers its services to anyone who lives or works in West Lothian.
tel: 01506 436 666

Local Councillors

Councillor Pauline Clark
tel: 01506 281 741/01506 281 763

Councillor Craig Meek
email: craig.meek@westlothian.gov.uk

Councillor Cathy Muldoon
tel: 01506 281 759

West Lothian Council

West Lothian Council
tel: 01506 280 000

Fauldhouse Partnership Centre
tel: 01501 773 000

Scottish Government

The Scottish Government
tel: 03002 444 000



Fauldhouse and Breich Valley Community Development Trust (F&BV CDT)

The Hub, 10 Main Street, Fauldhouse, EH47 9HX

tel: 01501 773 699

email: info@fauldhouse.org.uk

web: www.fauldhouse.org.uk

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Thanks to our local communities for all their support. A special thank you to all our volunteers, staff and Directors